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FROM: Vi Schwarzmman, Marl. Senior Center Dir.

**SENIOR CENTER SCHEDULE
AND
SOCIAL SERVICES**

Our senior center is a multi-purpose center that provides participants with an ideal environment for connecting with others and enhancing their quality of life. Services and programs offered by the center gives opportunities for socialization, recreation, health improvement, education, meals and cultural and intellectual stimulation. **MARLBOROUGH CARES**

ACTIVITIES WITH DAYS AND TIMES.

Transportation	Monday thru Friday 8:00 AM – 4:00 PM
Assistance	Monday thru Friday 10:00 AM – 2:00 PM
Bingo	Monday 1:00 – 3:30 PM
Set Back	Wednesday and Friday 9:00 AM- Noon
8-Ball Pool	Monday thru Friday 9:30 to Noon
Grocery Shopping	Wednesday 8:30 AM to Noon
Meals on Wheels	Monday thru Friday - Noon
Medical Appointments	Monday thru Friday – by appointment
Congregate Meals	Monday, Wednesday& Friday, Noon
Exercise w/ Anne	Thursday 3:00 – 4:00 PM
Tai Chi	Thursday, 10:30 AM :
Not Just Quilting	Monday, Wednesday, Friday 10:00 AM – 1:00 PM
The game, Cornhole	Monday thru Friday, weather permitting
BOCCE Ball	Monday thru Friday, weather permitting
Food Bank	Tuesday, 10:AM – 5:00 PM
Sophisticated Ladies (Tap Dancing)	Wednesday, 5:30 PM
Hebron Harvest Fair,	Friday Sept. 9 th . 9. Noon 0 4:00 PM
Foodshare	September 14, 2022
Flu & Maderna Booster Clinic	October 27 th 9:00 – 11:00 AM

In Case of Bad Weather for Senior Center Closings or late openings - Tune in to WFSB Early Warning Network or NBC Connecticut's Weather Center.

