

To: Rivereast FROM: Vi Schwarzmann, Marlborough Senior Center

Marlborough Senior Center Activities . MAY 27^h 2019

The Marlborough Senior Center, 17 School Drive, is open Monday through Friday from 8:00 am to 4:30 pm. Please call 860-295-6209 for information regarding senior issues or schedule a van reservation. We are requesting a 36 hour advance notice when making a transportation reservation.

Monday, May 27th

Memorial Day, Senior Center Closed

Tuesday, May 28th

Transportation 8:00 AM – 4:00 PM
Chatham Heath Seminar on Diabetes 9:00 AM
If Interested call 860-295-6209
Tai Ji Quan: w/ Sue McCaffrey 9:30 – 10:30 AM
Commission on Aging 11:00 AM
Chair Yoga w/ Ann 1:45 – 2:45 PM
PD Exercise 3:00 – 3:45 PM
WW 5:00 PM

Wednesday, May 29th

Grocery Shopping 8:00 AM 12:00 PM
Not Just Quilting 9:00 – Noon
Chatham Health Program on D
Congregate Meal @ Noon , Orange Juice, Seafood
Bingo 1:00 – 3:00 PM
Salad on a Multi-Grain Roll/ Shredded Lettuce,
Sweet Potato Wedges/ Ketchup/Frosted Cake
Transportation 1:00 – 4:00 PM
Meals on Wheels
Exercise w/ Janice –3:00PM

Thursday, May 30th

Transportation :800 AM – 4:00 PM
Assistance 10:00 AM – 2:00 PM
Tai Chi w/ Linda Herriman 10:30 – 11:30 AM
Meals on Wheels 12:3 PM
PD Exercise 3:00 – 3:45 PM
All Levels of Yoga w/ Anne 4:30 PM

Friday, May 31st

Transportation 8:00 AM – 4:00 PM
Assistance 10:00 AM – 2:00 PM
Meals on Wheels 12:00
Congregate Meal @ Noon Roast Turkey w/Gravy,
Cornbread Stuffing, Cranberry Sauce, Peas &
Diced Carrots, Wheat Dinner Roll, Applesauce
Tai Ji Quan w/ Sue McCaffrey 1:00 – 2:00 PM
Set-Back 2:00 PM

TO: Rivereast

FROM: Marlborough Senior Center

**SENIOR CENTER SCHEDULE
AND
SENIOR AND SOCIAL SERVICES
MAY 27th 2019**

Assistance with State Applications and/or /Re-determinations by appointment. Monday thru Friday - 10:00 AM – 2:00 PM.

Community Café - meals are being served Monday, Wednesday and Friday at the Marlborough Senior Center to people 60 years of age or older, their spouses or special guests. A pre-sign-up is recommended in order to accommodate everyone. Suggested donation is \$2.50. Meals are also delivered to homebound clients through the “Meals on Wheels” Program.

Transportation is offered **5 days per week with a 36-hour advance reservation**. The transportation system offers rides to the senior center, shopping, doctor appointments we well as other professional or recreational activities. This service is for any senior or disabled person, however, there are rules and regulations that must be adhered to such as advance notice as to stops other than requested reservation. The driver is required to contact the dispatcher before any additional stops or changes to the schedule are made. There are no exceptions. Remember transportation is only three (3) days a week and is also offered once a month to an area mall or activity of the senior’s choice which has been approved, time permitting.

In Case of Bad Weather, for Senior Center Closings or late openings, Tune in to WFSB The Early Warning Network or NBC Connecticut’s Weather Center.

DATES TO REMEMBER

LIVE *every moment*

LAUGH *everyday*

LOVE *Beyond words*

Tuesday May 28th

**(Date Change) Chatham Health,
9:00 – 11:30 PM**

Subject: Diabetes

Thurs. May 30th

Safety Committee Meeting 9:30 AM

Thurs. June 6th

AARP Fraud Watch Network 6:00 – 8:30 PM

Mohegan Sun Convention Center, Sky Convention Center – Uncas Ballroom, 1 Mohegan Sun Blvd. Uncasville, CT 06382, FREE

Registration: 1-877-926-8300 or

<https://aarp.com/AbagnaleCT2019>

Saturday, June 8th

4th Annual Veterans Stand Down

9 AM 2 PM

	Danielson Veterans Coffeehouse
	742 Upper Maple St., Danielson CT 06239
Monday, June 17th	Imagineers, LLC/Sachem Village Meeting
Thursday, July 4th	Independence Day, Center Closed
Thursday, July 11th	Red Cross Blood Drive 1:00 – 6:00 PM
Monday, July 15th	Imagineers LLC/Sachem Village Meeting
Monday, Aug. 19th	Red Cross Blood Drive 1:00 – 6:00 PM
Thurs. Aug. 29th	Safety Committee Meeting 9:30 am
Monday, Sept. 2nd	Labor Day, Center Closed
Thursday, Sept. 5th	Red Cross Blood Drive 1:00 – 6:00 PM
Monday, Sept. 16th	Imagineers LLC/Sachem Village Meeting
Tuesday, Sept. 17th	Commission on Aging 11:00 AM
Wednesday Sept. 25th	Mr. Magic 1:00 – 2:00 PM
Monday, Oct. 21st	Imagineers LLC/Sachem Village Meeting
Tuesday, Oct. 15th	Commission on Aging 11:00 AM
Thursday, Nov, 14th	Red Cross Blood Drive 1:00 – 6:00 PM
Monday, Nov. 18th	Imagineers LLC/Sachem Village Meeting
Tuesday, Nov. 19th	Commission on Aging 11:00 AM
Thurs., Nov. 21st	Safety Committee Meeting 9:30 AM
Tuesday, Dec. 17th	Commission on Aging 11:00 AM