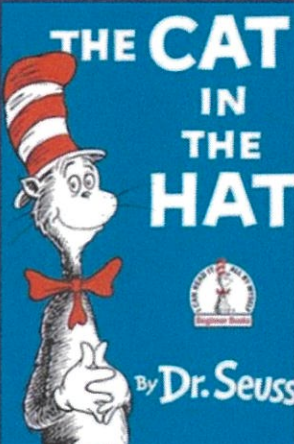
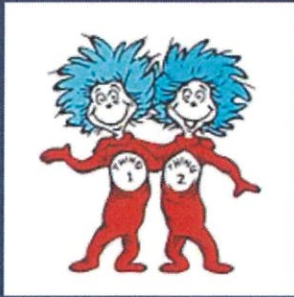


# AHM'S Health Matters Program Winter Class Preview



Register for Health Matters Programs at:

[ahmyouth.org/programs-services/health-matters/](http://ahmyouth.org/programs-services/health-matters/)



Ages 4 & up!