

To: Rivereast FROM: Vi Schwarzmann, Marlborough Senior Center

Marlborough Senior Center Activities .December 17th 2018

The Marlborough Senior Center, 17 School Drive, is open Monday through Friday from 8:00 am to 4:30 pm. Please call 860-295-6209 for information regarding senior issues or schedule a van reservation. We are requesting a 36 hour advance notice when making a transportation reservation.

Monday, Dec17th

Transportation 8:00 AM – 4:30 PM
Assistance 10:00 AM – 2:00 PM
Community Café – Noon Grande Cheese Ravioli w/ Italian Sauce, Calif. Normandy Vegetables, Mixed Salad Greens, 12 Grain Bread/Margarine, Fruit Cocktail,
Meals on Wheels 12:30 PM
Bingo 1:00 – 3:00 PM
Exercise w/ Janice 3:00 4:00 PM

Tuesday, Dec. 18th

Transportation
Assistance 10:00 AM – 2:00 PM
Food Bank, 11:00 AM -
Meals on Wheels, Noon
Chair Yoga with Anne 1:45- 2:45 PM
PD Exercise with Anne 3:00 – 3:45 PM
Weight Watchers 5:00 PM

Wednesday , Dec.19th

Grocery Shopping
“Not Just Quilting” 9:30 AM- Noon
Congregate Meal @ Noon, Orange Juice, Staffed
Chicken Breast, Mashed Potatoes, Peas & Diced Carrots, Wheat Dinner Roll, Holiday Cookie
Exercise w/ Janice 1:30 pm
Sophisticated Ladies 6:00 PM

Thursday, Dec. 20th

Transportation 8:00 AM – 4:30 PM
Assistance 10:00 AM- 2:00 PM
Tai Chi 10:30 – 11:30 AM
Meals on Wheels 12:3 PM
PD Exercise 3:00 – 3:45 PM
All Levels of Yoga w/ Anne

Friday, Dec.21st

Transportation
Not Just Quilting 9:30 AM- Noon

**Congregate Meals @ Noon, Grape Juice, Chili
over Elbow Macaroni, Italian Green Beans, 100%
Whole Wheat Bread, Fresh Orange
Meals on Wheels @ 12:30 PM**

TO: Rivereast

FROM: Marlborough Senior Center

**SENIOR CENTER SCHEDULE
AND
SENIOR AND SOCIAL SERVICES
December 17th 2018**

Assistance with State Applications and/or /Re-determinations by appointment. Monday thru Friday - 10:00 AM – 2:00 PM.

Community Café - meals are being served Monday, Wednesday and Friday at the Marlborough Senior Center to people 60 years of age or older, their spouses or special guests. A pre-sign-up is recommended in order to accommodate everyone. Suggested donation is \$2.50. Meals are also delivered to homebound clients through the “Meals on Wheels” Program.

Transportation is offered **5 days per week with a 36-hour advance reservation**. The transportation system offers rides to the senior center, shopping, doctor appointments we well as other professional or recreational activities. This service is for any senior or disabled person, however, there are rules and regulations that must be adhered to such as advance notice as to stops other than requested reservation. The driver is required to contact the dispatcher before any additional stops or changes to the schedule are made. There are no exceptions. Remember transportation is offered five days a week and is also offered once a month to an area mall or activity of the senior’s choice which has been approved, time permitting.

In Case of Bad Weather, for Senior Center Closings or late openings, Tune in to WFSB The Early Warning Network or NBC Connecticut’s Weather Center.

DATES TO REMEMBER

Friday, Dec. 21st	Winter Begins
Monday, Dec. 24th	Christmas Eve, Center Closing at Noon
Tuesday, Dec. 25th	Christmas Day, Center Closed
Monday, Dec. 31st	New Year’s Eve, Senior Center closing at Noon
Tuesday, Jan. 1, 2019	New Year’s Day, Center Closed
Monday, Jan 21st 2019	Martin Luther King Jr. Day

Monday, Feb. 18th, 2019

President's Day