



# MARLBOROUGH

## SENIOR CENTER AND PARKS & REC

# SPRING

## Edition

Volume 3 Issue 2  
March April May

### Marlborough Senior Center

17 School Drive Marlborough, CT 06447  
Vi Schwarzman Senior Center Director  
Dave Catuccio Driver  
860.295.6209

Socialservices@marlboroughct.net

### Parks & Recreation

Ray Bull Park and Rec Director  
860.295.6203

Parkandrec@marlboroughct.net

Located in the Senior Center Building

### Senior Center Hours:

Monday	8:00AM-4:30PM
Tuesday	8:00AM-4:30PM
Wednesday	8:00AM-4:30PM
Thursday	8:00AM-4:30PM
Friday	8:00AM-4:30PM

### Parks & Rec Hours:

Monday	8:00AM-4:30PM
Tuesday	8:00AM-7:00PM
Wednesday	8:00AM-4:30PM
Thursday	8:00AM-4:30PM
Friday	8:00AM-12:00PM



If you stop by the Marlborough Senior Center, you will see an enthusiastic group of volunteers happily creating a variety of hats and scarves. These items will then be donated to Disabled Veteran's and their families. The yarn was donated by Ocean State Job Lot in conjunction with the Disabled American Veterans organization.

# THANK YOU

to all of our sponsors!

Please check out [Marlboroughct.net](http://Marlboroughct.net)  
For all updated news and announcements for the  
Town of Marlborough.





# MARLBOROUGH & SENIOR CENTER SERVICES

## Connecticut Energy Assistance Program

CEAP continues through May 2023. People who qualify may be able to receive deliverable fuel assistance. Applications for CEAP typically take 30-45 minutes. Basic benefits towards your heating bill range between \$100 to \$600 depending on your income level, household size and whether there is a vulnerable member in the household. These benefits are usually paid directly to your utility company or fuel supplier. Households that heat with deliverable fuels like oil or propane may be eligible for additional fuel deliveries. CEAP recipients may also be eligible for matching payment plans, protection from shut-offs, and replacement and/or repairs for heating equipment and water heater(s). You can call the Marlborough Senior Center at 860.295.6209 to make an appointment and for more info.

## Meals on Wheels

Medically homebound seniors (age 60 and over) may be eligible to receive healthy lunches from Connecticut's Community Renewal Team (CRT) delivered to their door. After referral's are placed, our drivers will safely deliver the hot meals directly to your home. Special diets and textures available.

## Transportation

The Marlborough Senior Center is providing transportation to those who are in need, just call the center 72 hours in advance to schedule your appointment. We are taking reservations for non-emergency medical appointments, essential shopping and grocery shopping.

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## Marlborough Food Bank

3 Willhenger Dr.  
Marlborough, CT 06447  
Marlboroughfoodbank@comcast.net

The Marlborough Food Bank is open for shopping for both groceries and home goods. The Marlborough Food Bank is open 10:00 am -12:00 pm and 3:30-6:00 pm on Tuesdays. Drop off donations are on Mondays 9-11:30am and Tuesday when open. **The Food Bank is in need of peanut butter, pasta, canned chicken, instant oatmeal packets, apple sauce, canned chili and shelf stable milk.**

To mail in monetary donations:

**Food Bank**  
c/o Town Hall  
26 North Main Street  
Marlborough, CT 06447  
Marlborough Food Bank:  
860.295.6008 (open hours only)  
D. Pratt: 860.975.8660 (cell)  
D. Tavioliari: 860.614.6218 (cell)



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MARK MACRINA IS NOT CONNECTED WITH THE FEDERAL MEDICARE PROGRAM. THIS IS AN ADVERTISEMENT FOR INSURANCE.

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- Cancer rehabilitation
- Custom splinting
- Hand therapy
- Stroke and neurological disorders - team approach
- Lymphedema - edema control
- Neurological rehabilitation
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- Pulmonary rehabilitation
- Speech therapy and swallowing assessments
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# MARLBOROUGH SENIOR CENTER PROGRAMS

## Not Just Quilting

**Date:** Monday's, Wednesday's and Friday's  
**Time:** 10-2pm **Location:** MSC

## Tap Dancing with Sharon

**Date:** Weds **Time:** 5pm-6:30pm **Location:** MSC

Tap Dance is a wonderful way to exercise and enjoy the company of others. Seasoned and beginner dancers are welcome.



MSC is looking to re-establish our ever popular TRAILBLAZERS walking program. Trailblazers is set up to encourage physical activity and social involvement while also enjoying our beautiful local trails. Adults of all ages are welcome. We are looking to do an early morning walk 6:30 AM or 5:00 PM (day is to be determined by interested parties schedules.). If you would like to register or would like more information please email  
Parksandrec@marlboroughct.net



Well, it's almost here!

## Beginning May 1st the MSC Pickleball Club will resume it's outdoor play.

**Dates:** Weds & Thurs **Time:** 9am-11am  
**Location:** Blish Park Tennis Courts

Pickleball is a combination of badminton, tennis, and ping-pong, and is easy to learn. Beginners are encouraged to play, and our more experienced players can provide instruction. Please call 860.295.6203 for more information.



## MSC MAHJONG

**Date:** Wednesdays  
**Time:** 1:30 **Cost:** No fee to play  
**Location:** 200 West Rd. Fire Station 2

Please call 860.295.6203 to register.  
Beginner's are welcome to come at 1:00 for a lesson  
(Please register before attending the lesson)

## MSC Book Club

**Time:** 11:00 **Cost:** No fee

Attention all bibliophiles! Our Senior Center Book Club meets 11:30am on the last Thursday of the month at Richmond Memorial Library's 2nd floor meeting room. Please call 860.295.6203 to register and information on handicap access.

# ALL ABOUT TOWN

## MARLBOROUGH Public Works

Two maintenance positions will be available at Marlborough Public Works for the summer of 2023. Please contact Marlborough Town Hall at 860.295.6200 for more information.



## Community Shredding Event

**Saturday, May 20 | 8:00<sub>am</sub> - 12:00<sub>pm</sub>**

**Town Hall**  **26 No Main St.**

**Donations to Marlborough Food Bank are welcomed.**

**FileShred**

**MARK YOUR CALENDAR**

Marlborough Town Hall, Public Works & Senior Center  
Holiday Closings  
Friday, April 7th: Good Friday  
Monday, May 29th: Memorial Day



# PARKS & REC ADULT PROGRAMS

## Adult Drop In Basketball

Sundays, 8:00am—10:00am,  
December - April.  
Location: Elmer Thienes— Mary  
Hall Elementary School  
community room.  
Cost: \$5.00 per week



## Adult Drop In Volleyball

Thursdays, 8:00pm—10:00pm  
during the school year.  
Location: Elmer Thienes— Mary  
Hall Elementary School gym.  
Instructor: Mark Susman  
Cost: \$5.00 per week.

## Zumba

Thursdays, 6:30pm—7:30pm.  
Location: MES cafeteria  
Instructor: Anna Boose  
Cost: \$60.00 res/\$65.00 non- res.

## Adult Tap

Tuesdays, 11:00 am - 11:45 am or  
8:00pm-8:45pm, March 21st - May  
30th.  
This is a mixed level class. Class  
held at Dance Dynamics in  
Hebron.  
Registration fee is \$180.00 (no  
class April 11th). Dress Code:  
Comfortable clothes and tap shoes.



## Red Sox vs. Angels Patriots Day Bus Trip

Monday, April 17th at 11:00am.  
Trip Includes: Charter Bus, Ticket  
to the Game (Right Field Roof  
Top), breakfast before bus departs,  
games and prizes on the bus. Bus  
departs Putnam park and ride in  
Glastonbury at 7:30am/returns  
5:00pm.  
Cost: \$160.00

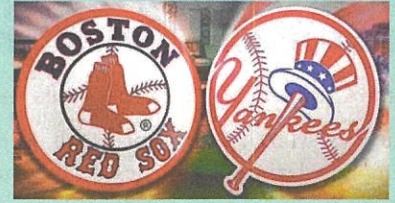


## Blue Angels Air Show Bus Trip

Saturday, May 13th, 9:00am –  
4:00pm at Barnes Air Force Base.  
Trip Includes: Charter Bus, Food  
& Drink provided during the  
Airshow by Myfunbus.com,  
Games and Prizes on the Bus. Bus  
departs Putnam park and ride in  
Glastonbury at 7:30am/returns  
6:00pm.  
Cost: \$80.00 adults, \$70.00  
children ages 4-12 & seniors ages  
62 and up.

## Yankees vs. Padres Bus Trip

Sunday, May 28th at 1:05pm.  
Trip Includes: Charter Bus, ticket  
to the game, cookout before the  
game, games and prizes on the  
bus. Bus departs Putnam park and  
ride in Glastonbury at 7:30am/  
returns 6:00pm  
Cost: \$165.00 sections (232-234).



## Yankees vs. Red Sox Bus Trip

Saturday, June 10th at 7:35pm.  
Trip Includes: Charter Bus, Ticket  
to the game (Sec 234), breakfast or  
lunch served on the way to the  
game, Games and Prizes on the  
bus. Bus departs Putnam park and  
ride in Glastonbury at 3:00pm/  
returns 1:00am.  
Cost: \$209.00 level 200 seating.



## Adult Pickleball

**Date:** Weds & Thurs **Time:** 9am  
-11am  
**Location:** Blish Park Tennis  
Courts

Beginning May 1st the Marlbor-  
ough Pickleball Club will resume  
it's outdoor play.

Pickleball is a combination of  
badminton, tennis, and ping-  
pong, and is easy to learn. Begin-  
ners are encouraged to play, and  
our more experienced players can  
provide instruction. To register  
please call 860.295.6203

“  
You'll never know what you're  
capable of until you take that  
first step and just go for it.  
—TRAVIS KELCE



# YOUTH PROGRAMS

## ACTIVITIES & FUN

### Little Champions Karate—Ages 4-6

Saturdays, March 11th– April 15th, 11:30am—12:15pm at Champions Karate in Colchester. Instructor: Sensei Josh Seals

Come learn kicks, strikes, and blocks! This class teaches movement skills, discipline, self-control, practical karate skills and self-defense in a format that is both enjoyable and beneficial to participants. Cost: \$50.00

### Youth Champions Karate—Ages 7-10

Saturdays, March 11th– April 15th, 12:15pm—1:00pm at Champions Karate in Colchester. Instructor: Sensei Josh Seals

Come learn kicks, strikes, and blocks! This class teaches movement skills, discipline, self-control, practical karate skills and self-defense in a format that is both enjoyable and beneficial to participants. Cost: \$50.00

### Sparkling Spinners - Ages 3-5

Tuesdays, March 21st– May 30th, 4:15pm—4:45pm at Dance Dynamics in Hebron. Instructor: Dance Dynamics staff

Pre-ballet, creative movement class. We will be using lots of props, fun dance activities, and games while learning basic ballet skills and terminology and developing basic ballet technique, motor skills, coordination, balance, and more. Cost: \$140.00

### Tiny Twirlers - Ages 2 & 3

Tuesdays, March 21st– May 30th, 9am—9:30am, Thursdays, March 23rd—June 1st, 5:15pm—5:45pm or Saturdays, March 25th—June 10th, 9am—9:30am at Dance Dynamics in Hebron.

Instructor: Dance Dynamics staff

Children will be introduced to basic dance moves, work on their motor skills, and develop a sense of music. Cost: \$140.00

### Little Darlings—Ages 3-5

Pick 1, 2, or 3 (1/2hr) classes from our little Darling classes. March 21 thru May 30.

Tuesday 9:30-10:00 AM Sparkling Spinners (Intro ballet/creative movement) Tuesday 10:00-10:30 AM Jazzy Gems (Jazz/Acro),

Tuesday 10:30-11:00 AM Dazzling Dancers (Tap). Registration fee is \$130.00 (one class), \$190.00 (2 classes), \$260.00 (3 classes). Class is held at Dance Dynamics in Hebron.

### Lego-Spring Into Stem—Grades K-4

Tuesdays, March 21st – May 16th, 3:15pm – 4:45pm.

Instructor: Play Well Staff Location: MES cafeteria Celebrate Spring with Play-Well and tens of thousands of LEGO® parts! Build chirping birds, design blossoming flowers, and take a ride on a paddle boat. Cost: \$155.00 resident/\$160.00 non-resident.

### Funky Tumblers—Ages 4-7

Saturdays, March 25th – June 10th, 11:15pm—12:00pm at Dance Dynamics in Hebron.

Instructor: Dance Dynamics staff. Cost: \$146.00

### After School Handball – Grades 5/6

Wednesdays, March 29th – May 10th, 3:15pm – 4:30pm. Participants will be divided up into teams and play weekly games. Elmer Thienes – Mary Hall Elementary School Gymnasium. Cost: \$30.00

### Soccer Shots Mini—Age 2

Saturdays, April 22nd – June 17th, 3pm – 3:35pm Instructor: Soccer Shots staff Location: West Road Memorial upper field. Cost: \$102.00 resident/\$107.00 non-resident.

### Soccer Shots Classic – Ages 3 - 5

Saturdays, April 22nd – June 17th, 3:45pm – 4:30pm Instructor: Soccer Shots staff Location: West Road Memorial upper field. Cost: \$108.00 resident/\$113.00 non-resident.

### Acrylic Paint

Grades 3-6 Wednesdays, 3:30 – 5:00pm, March 8th – March 29th. Instructor: Denise Ketterer  
Location: MES Art Room

Students will be guided through the techniques of landscape painting. Students can bring a photo of a landscape of their own choosing or choose from a collection provided by Ms. Ketterer. All materials are provided. Cost: \$90 for residents/\$95 for non-residents.

### Little Yogi and Me

Mondays, March 20th – April 17th, 5:15pm – 6:00pm.  
Instructor: Rachel Kazcynski  
Location: MES cafeteria

Each week, you and your child will embark on an exciting “yoga adventure” centered around movement, play, and mindfulness. Cost: \$65.00 resident/\$70.00 non-resident.

### After School Dodgeball Grades 5/6

Mondays, March 20th – May 1st, 3:15pm – 4:15pm. Participants will be divided up into teams each week to play various dodgeball games. Elmer Thienes – Mary Hall Elementary School gymnasium. Cost: \$30.00



# YOUTH PROGRAMS (CONTINUED)

## Skyhawks Mini –Hawk (Soccer, Baseball and Basketball) –

Thursdays, April 20th – May 18th, 4:00pm – 5:00pm  
 Instructor: Skyhawks staff Location: MES Gymnasium  
 This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. **Ages 5 – 7**  
 Cost: \$89.00 residents/\$94.00 non-residents.

## Skyhawks Multi –Sport (Soccer, Baseball and Basketball)

Thursdays, April 20th – May 18th, 5:15pm – 6:15pm  
 Instructor: Skyhawks staff Location: MES Gymnasium  
 This multi-sport program is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. **Ages 8 – 12**  
 Cost: \$89.00 residents/\$94.00 non-residents.

## Horseback Riding Lessons – Ages 5 and up

**Instructor: Jo Ellen Lemanski**  
 English or Western style instruction. The lessons are private and are an hour in length. The lessons days and times are flexible. The instructor will contact you upon registration to set up lesson day and time.  
 Cost: 4 lessons for \$175.00 residents/\$180.00 non-residents.

## Tennis Lessons – Ages 5-7

Tuesdays, May 9th – May 30th, 3:45pm – 4:30pm at the Blish Park Tennis Court.  
 Instructor: Shaun Keane  
 Location: Blish Park Tennis Courts  
 Players will develop new skills and techniques through enjoyable activities and drills. Instruction will be differentiated amongst the levels of the players in each of the clinics to ensure each player is improving on their skill set.

## Tennis Lessons – Ages 8-12

Tuesdays, May 9th – May 30th, 4:30pm – 5:30pm at the Blish Park Tennis Court. Players will develop new skills and techniques through enjoyable activities and drills. The classes will be run by Shaun Keane who has over 17 years of teaching and running tennis clinics to a variety of ages. Instruction will be differentiated amongst the levels of the players in each of the clinics to ensure each player is improving on their skill set. Cost: \$85.00 resident/\$90.00 non-resident.

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# ODDS & ENDS



## WATERCOLOR CLASSES

Local artist Mary Horrigan will offer adult beginner and intermediate watercolor classes at the Marlborough Arts Center on Tuesday and Thursday mornings starting March 2 and running through April 11. Classes will run from 10 AM until noon.

Go to <https://marlborougharts.org/> to register.

## STUDENT ART SHOW

Marlborough Arts Center will hold a Student Art Show March 4th through 19th from 1:00 to 4:00 p.m.

*Come show your support for our student artists!*

## 4TH FRIDAY @ THE ARTS CAFE

APRIL: Modern Riffs  
MAY: Seat of Our Pants  
JUNE: The Academy Project

## MARLBOROUGH CEMETERY COMMITTEE NEWS

**REMEMBER to tidy up at the Marlboro Cemetery as volunteers will be removing items in violation of cemetery protocol the first Saturday in May. For more information call Chris at 860. 295.6229.**

## Town of Marlborough Assessor's Office

State law provides a property tax credit program for Connecticut owners in residence of real property, who are elderly (65 and over) or totally disabled, and whose annual incomes do not exceed certain limits. The credit amount is calculated by the local assessor and applied by the tax collector to the applicant's real property tax bill. The amount of the credit that may be granted is up to \$1,250 for married couples and \$1,000 for single persons. Credit amounts are based on a graduated income scale. Application may be made with the Assessor's Office between February 1 and May 15th. Please contact the Assessor's office for more information.

## MARLBOROUGH PARK AND REC

### 911 Driveway Reflective Number Signs

Help emergency services personnel find your home without delay. Vertical sign is double sided 8" x 24" with 4" numbers on blue highway reflective metal.

Order forms available on the parks and recreation webpage, town hall or recreation department.

Cost: \$50.00

## The Richmond Library Reference Desk

### READ ACROSS AMERICA

Read Across America and Dr. Seuss's Birthday! Thursday, Mar. 2nd Kids - Stop by at any time Thursday, March 2 - Saturday, March 4 to snag a free book and participate in activities! We'll have games to play, creative projects to make, and wacky Seussical activities to try. You can also grab supplies to make story dice and story cards, so you can make up your own stories at home! Teens - It's not just for little kids! Stop by any time Thursday, March 2 - Saturday, March 4 to snag a free book and participate in activities. Add to our story board, try some magnetic poetry, and take a stab at our literary-themed mystery and trivia. No registration needed.

**Teen Advisory Board (TAB)** Wednesday, Apr. 5th 4:00 pm

TAB is back! Share your thoughts to make Richmond Memorial Library the best it can be. What programs would you like to see? What books are we missing from our collection? How can we better serve our teen population? Participants will receive volunteer credit if needed. Open to ages 13-18. Please register. Held in the upstairs meeting room. If full accessibility is needed by a person or persons to attend a library-sponsored program, a request for Relocation of Event should be made as early as possible, preferably at least two weeks prior to the program. This notice should be made to the Library Director requesting relocation so that alternate space can be found. Notice can be given either by calling or email the Richmond Library Director at 860.295.6210 or [amuscaro@richmondlibrary.info](mailto:amuscaro@richmondlibrary.info).

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Town Hall



## Community Shredding Event

Saturday, May 20 | 8:00<sub>am</sub> - 12:00<sub>pm</sub>

Town Hall  26 No Main St.

Donations to Marlborough  
Food Bank are welcomed.

FileShred