

To: Rivereast FROM: Vi Schwarzmamm, Marlborough Senior Center

**Marlborough Senior Center Activities Sept. 3<sup>rd</sup> 2018**

The Marlborough Senior Center, 17 School Drive, is open Monday through Friday from 8:00 am to 4:30 pm. Please call 860-295-6209 for information regarding senior issues or schedule a van reservation. We are requesting a 36 hour advance notice when making a transportation reservation.

**Monday, Sept. 3<sup>rd</sup>**

**Labor Day, Senior Center Closed**

**Tuesday, Sept. 4<sup>th</sup>**

**Transportation  
Assistance 10:00 AM – 2:00 PM  
Meals on Wheels, Noon  
Chair Yoga with Anne 1:45- 2:45 PM  
PD Exercise with Anne 3:00 – 3:45 PM  
Weight Watchers 5:00 PM**

**Wednesday, Sept. 5<sup>th</sup>**

**Transportation  
“Not Just Quilting” 9:30 AM- Noon  
Congregate Meal @ Noon Cream of Vege.Soup  
Baked Chicken w/Gravy, Mashed Potatoes,  
Calif. Blend Vegetables, 100% Whole Wheat  
Bread, Fruit Yogurt  
Exercise w/ Janice 1:30 PM**

**Thursday, Sept. 6<sup>th</sup>**

**Transportation  
Assistance 10:00 AM – 2:00 PM  
Tai Chi w/ Linda 10:30 – 11:30 AM  
Red Cross Blood Drive 1:00 – 6:00 PM  
Meals on Wheels, Noon  
.PD Exercise w/ Anne 3:00 – 3:45 -  
All Levels Yoga 4:30 PM**

**Friday Sept. 7<sup>th</sup>**

**Transportation 8:00 AM – 4:00 PM  
Assistance 10:00 AM – 2:00 PM  
Not Just Quilting 9:30AM - Noon  
Congregate Meal Orange Juice, Roast Turkey  
w/Gravy, Cut-Up Sweet Potatoes, Spinach,  
Cranberry Sauce, 100% Whole Wheat Bread,  
Fruit Cocktail  
Meals on Wheels @ Noon  
Exercise w/ Janice**

TO: Rivereast

FROM: Marlborough Senior Center

**SENIOR CENTER SCHEDULE  
AND  
SENIOR AND SOCIAL SERVICES**

Sept. 3<sup>rd</sup>, 2018

**Assistance** with State Applications and/or /Re-determinations by appointment. Monday thru Friday - 10:00 AM – 2:00 PM.

**Community Café** - meals are being served Monday, Wednesday and Friday at the Marlborough Senior Center to people 60 years of age or older, their spouses or special guests. A pre-sign-up is recommended in order to accommodate everyone. Suggested donation is \$2.50. Meals are also delivered to homebound clients through the “Meals on Wheels” Program.

**Transportation** is offered **5 days per week with a 36-hour advance reservation**. The transportation system offers rides to the senior center, shopping, doctor appointments we well as other professional or recreational activities. This service is for any senior or disabled person, however, there are rules and regulations that must be adhered to such as advance notice as to stops other than requested reservation. The driver is required to contact the dispatcher before any additional stops or changes to the schedule are made. There are no exceptions. Remember transportation is offered five days a week and is also offered once a month to an area mall or activity of the senior’s choice which has been approved, time permitting.

**In Case of Bad Weather, for Senior Center Closings or late openings, Tune in to WFSB The Early Warning Network or NBC Connecticut’s Weather Center.**

**DATES TO REMEMBER**

<b>Sunday, Sept. 9<sup>th</sup></b>	<b>National Grandparents Day</b>
<b>Sunday, Sept. 11<sup>th</sup></b>	<b>9-1-1 Remembrance Day</b>
<b>Monday, Sept. 17<sup>th</sup></b>	<b>Sachem Village, Elite Prop. 6:30 PM</b>
<b>Tuesday, Sept. 18<sup>th</sup></b>	<b>Commission on Aging 11:00 AM</b>
<b>Thurs. Sept. 20<sup>th</sup></b>	<b>Cemetery Committee Meeting 9:30 AM</b>
<b>Saturday, Sept. 22<sup>nd</sup></b>	<b>Fall Begins</b>
<b>Monday, Oct. 8<sup>th</sup></b>	<b>Columbus Day, Center Closed</b>
<b>Monday, Oct. 15<sup>th</sup></b>	<b>Sachem Village, Elite Prop. 6:30 PM</b>
<b>Tuesday, Oct. 16<sup>th</sup></b>	<b>Aqua Turf – Comedy and Dance</b>
	<b>National Bosses Day</b>
<b>Thurs. Oct. 18<sup>th</sup></b>	<b>Commission on Aging Round Table 1:30 PM</b>
<b>Monday, Oct. 22<sup>nd</sup></b>	<b>All Boards Meeting 7:00 PM</b>
<b>Monday, Nov. 5<sup>th</sup></b>	<b>Sachem Village, Elite Prop. 6:30 PM</b>

**Tuesday, Nov. 6<sup>th</sup>**  
**Monday, Nov. 12<sup>th</sup>**  
**Thursday, Nov. 22<sup>nd</sup>**  
**Friday, Nov. 23<sup>rd</sup>**  
**Friday, Dec. 7<sup>th</sup>**  
**Friday, Dec. 21<sup>st</sup>**  
**Monday, Dec. 24<sup>th</sup>**  
**Tuesday, Dec. 25<sup>th</sup>**  
**Tuesday, Jan. 1<sup>st</sup>**

**Election Day**  
**Veteran's Day, Center Closed**  
**Thanksgiving Day, Center Closed**  
**Day After Thanksgiving**  
**Pearl Harbor Remembrance Day**  
**Winter Begins**  
**Christmas Eve, Center Closed**  
**Christmas Day, Center Closed**  
**New Year's Day, Center Closed**