

To: Rivereast FROM: Vi Schwarzmann, Marlborough Senior Center

**Marlborough Senior Center Activities
Sept. 11th 2017**

The Marlborough Senior Center, 17 School Drive, is open Monday through Friday from 8:00 am to 4:30 pm. Please call 860-295-6209 for information regarding senior issues or schedule a van reservation. We are requesting a 36 hour advance notice when making a transportation reservation. Transportation is available only on Monday, Wednesday, Friday.

Monday, Sept.11th

Transportation 8:00 AM – 4:00 PM
Assistance 10:00 AM – 2:00 PM
Quilling (Paper Art) 9:30 – 11:30 AM
Meals on Wheels 12:00 – 12:30 PM
**Congregate Meals – Noon Pork Ribeye,
Vegetarian Baked Beans, Prince Edw. Blend Vegetables,
12 Grain Bread, Peaches**
Bingo 1:00 – 3:00 PM
Exercise w/ Janice 3:15 – 4:15 PM
**Elite Properties, Sachem Village Residents Meeting 7:00
– 9:00 PM**

Tues. Sept. 12th

Assistance 10:00 AM – 2:00 PM
Meals on Wheels @ Noon – 12:30 PM
Gentle Chair Exercise w/Anne 1:45 PM
Parkinson's Disease Exercise 3:00 – 3:45 PM
Weight Watchers 5:00 PM

Wednesday 13th

Grocery Shopping 8:00 AM :- Noon
Transportation Noon – 4:00 PM
Assistance 10:00 AM – 2:00 PM
Meals on Wheels 12:00 – 12:30 PM
**Congregate Meal @ Noon – Spring Vegetable Soup,
Chef Salad w/Mixed Greens, (Shredded Cheese, Turkey,
Ham, Cooked Ham,)**
**Croutons/Ranch Dressing, Wheat Dinner Roll, Manhdarin
Oranges**

Not Just Quilting 9:00 AM -
Exercise w/ Janice 3:30 PM
8-Ball Pool 1:00 – 3:00 PM
Sophisticated Ladies 5:00 - 6:30 PM

Thursday, Sept.14th

Assistance 10:00 AM – 2:00 PM
Tai Chi 10:30 – 11:30 AM
Meals on Wheels Noon – 12:30 P

Parkinson Exercise w/ Anne 3:00 – 3:45 PM
All Levels of Yoga 4:30 – 5:30 PM

Friday ,Sept 15th

Transportation
Assistance 10:00 AM – 2:00 PM
Not Just Quilting 9:00 AM– Noon
Meals on Wheels - 12:00 Noon 12:30 PM
Congregate Meal @ Orange Juice, Lemon Baked Chicken,
Parslied Bowties, Broccoli Florets, Oatnut Bread, Pineapple
Tidbits
8-Ball Pool 1:00 – 3:00 PM
Exercise w/ Janice 1:

TO: Rivereast

FROM: Marlborough Senior Center

**SENIOR CENTER SCHEDULE
AND
SENIOR AND SOCIAL SERVICES
Sept. 11th 2017**

Assistance with State Applications and/or /Re-determinations by appointment. Monday thru Friday - 10:00 AM – 2:00 PM.

Community Café - meals are being served Monday, Wednesday and Friday at the Marlborough Senior Center to people 60 years of age or older, their spouses or special guests. A pre-sign-up is recommended in order to accommodate everyone. Suggested donation is \$2.50. Meals are also delivered to homebound clients through the “Meals on Wheels” Program.

Transportation is offered daily with a 36-hour advance reservation. The transportation system offers rides to the senior center, shopping, doctor appointments as well as other professional or recreational activities. This service is for any senior or disabled person, however, there are rules and regulations that must be adhered to such as advance notice as to stops other than requested reservation. The driver is required to contact the dispatcher before any additional stops or changes to the schedule are made. There are no exceptions. Transportation is also offered once a month to an area mall or activity of the senior’s choice which has been approved, time permitting. Transportation can only be offered Monday, Wednesday, and Friday. Thank you for your understanding.

In Case of Bad Weather, for Senior Center Closings or late openings, Tune in to WFSB The Early Warning Network or NBC Connecticut’s Weather Center.

DATES TO REMEMBER

Thurs. Sept.21st	Cemetery Committee 9:30 AM (Town Hall)
Sunday, Sept. 17th	Health and Safety Fair at Marl. Vol. Fire Dept.,
	Station 1
	Htfd. Hospital's Digital Mobile Mammography Coach
	is coming also 10:00 AM- 2:00 PM.
	These screening mammograms are offered for
	women age 40 and
	Older who have not had a mammogram in over a
	year. Call Heidi Moody, 860-966-6436
Friday, Sept. 22nd	Veteran's "Stand Down" Rocky Hill Veteran's Home &
	Hospital - 8:00 AM to Noon, Lunch
Friday, Sept. 22nd	Ice Cream Social - Compliments of:Marlborough
	Health & Rehabilitation Center
Monday, Sept. 25th	All Boards Meeting 7:00 PM
Sunday, Oct. 8th	Bushnell Theatre, 2:00 PM "LesMiserables" Seats are
	located in the Rear Mezzanine.
	Section of the theatre. Registration is \$60.00
	per person
Monday, Oct 9th	Columbus Day, Senior Center Closed
Wed. Oct. 11th	Bingo 1:00 - 3:00 PM October Kitchen, Chef
	Paul
Thurs. Nov. 2nd	Red Cross Blood Drive 1:00 - 6:00 PM
Fri., Nov. 10th	Veteran's Day, Senior Center Closed
Tues. Nov. 14th	Trip to Aqua Turf Club 11:00 AM - 3:50 PM
Thurs., Nov. 23rd.	Thanksgiving Day, Senior Center Closed
Fri., Nov. 24th	Day after Thanksgiving, Senior Center Closed
Fri, Dec. 22nd	Holiday Brunch, 10:00 AM
Mon. Dec. 25th	Christmas Day, Senior Center Closed
Tues. Dec. 26th	Day After Christmas, Senior Center Closed
Wed. Dec. 27th	Holiday Bingo, 1:00 PM
Mon., Jan. 1st, 2018	New Year's Day, Senior Center Closed