

To: Rivereast FROM: Vi Schwarzmman, Marlborough Senior Center

Marlborough Senior Center Activities Sept. 10th 2018

The Marlborough Senior Center, 17 School Drive, is open Monday through Friday from 8:00 am to 4:30 pm. Please call 860-295-6209 for information regarding senior issues or schedule a van reservation. We are requesting a 36 hour advance notice when making a transportation reservation.

Sunday, Sept. 9th

National Grandparents Day

Monday, Sept.10th

Transportation 8:00 AM - 4:00 PM
Quilling, Paper Art 9:30 AM Noon
Not Just Quilting 9:30 AM Noon
Assistance 10:00 – 2:00 PM
**Congregate Meals @ Noon Stuffed Cabbage w/
Marinara Sauce. Farfalle Noodles,
Beets, 100% Whole Wheat Bread, Pears**
Bingo 1:00 PM
8-Ball Pool 10:00 AM – Noon
Exercise w/ Janice 3:00 – 4:00 PM

Tuesday, Sept. 11th

Transportation
Assistance 10:00 AM – 2:00 PM
Meals on Wheels, Noon
Chair Yoga with Anne 1:45- 2:45 PM
PD Exercise with Anne 3:00 – 3:45 PM
Weight Watchers 5:00 PM

Wednesday, Sept. 12th

Grocery Shopping
“Not Just Quilting” 9:30 AM- Noon
**Congregate Meal @ Noon Cran-Apple Juice,
Rosemary Seasoned Chicken, Yellow Rice, Peas &
Diced Carrots, 12 Grain Bread, Fruit Yogurt**
Exercise w/ Janice 1:30 PM

Thursday, Sept 13th

Transportation
Assistance 10:00 AM – 2:00 PM
Tai Chi w/ Linda 10:30 – 11:30 AM
Red Cross Blood Drive 1:00 – 6:00 PM
Meals on Wheels, Noon
PD Exercise w/ Anne 3:00 – 3:45 -
All Levels Yoga 4:30 PM

Friday Sept.14th

Transportation 8:00 AM – 4:00 PM

Assistance 10:00 AM – 2:00 PM
Not Just Quilting 9:30AM - Noon
Congregate Meal Grape Juice, Macaroni & Cheese, Stewed Tomatoes & Zucchini. Dinner Roll, Fresh Fruit
Meals on Wheels @ Noon
Exercise w/ Janice

TO: Rivereast

FROM: Marlborough Senior Center

**SENIOR CENTER SCHEDULE
AND
SENIOR AND SOCIAL SERVICES**

Sept.10th, 2018

Assistance with State Applications and/or /Re-determinations by appointment. Monday thru Friday - 10:00 AM – 2:00 PM.

Community Café - meals are being served Monday, Wednesday and Friday at the Marlborough Senior Center to people 60 years of age or older, their spouses or special guests. A pre-sign-up is recommended in order to accommodate everyone. Suggested donation is \$2.50. Meals are also delivered to homebound clients through the “Meals on Wheels” Program.

Transportation is offered **5 days per week with a 36-hour advance reservation**. The transportation system offers rides to the senior center, shopping, doctor appointments we well as other professional or recreational activities. This service is for any senior or disabled person, however, there are rules and regulations that must be adhered to such as advance notice as to stops other than requested reservation. The driver is required to contact the dispatcher before any additional stops or changes to the schedule are made. There are no exceptions. Remember transportation is offered five days a week and is also offered once a month to an area mall or activity of the senior’s choice which has been approved, time permitting.

In Case of Bad Weather, for Senior Center Closings or late openings, Tune in to WFSB The Early Warning Network or NBC Connecticut’s Weather Center.

DATES TO REMEMBER

Sunday, Sept. 11th

Monday, Sept. 17th

Tuesday, Sept. 18th

Thurs. Sept. 20th

Saturday, Sept. 22nd

Monday, Oct. 8th

Monday, Oct. 15th

9-1-1 Remembrance Day

Sachem Village, Elite Prop. 6:30 PM

Commission on Aging 11:00 AM

Cemetery Committee Meeting 9:30 AM

Fall Begins

Columbus Day, Center Closed

Sachem Village, Elite Prop. 6:30 PM

Tuesday, Oct. 16th	Aqua Turf – Comedy and Dance
	National Bosses Day
Thurs. Oct. 18th	Commission on Aging Round Table 1:30 PM
Monday, Oct. 22nd	All Boards Meeting 7:00 PM
Monday, Nov. 5th	Sachem Village, Elite Prop. 6:30 PM
Tuesday, Nov. 6th	Election Day
Monday, Nov. 12th	Veteran’s Day, Center Closed
Thursday, Nov. 22nd	Thanksgiving Day, Center Closed
Friday, Nov. 23rd	Day After Thanksgiving
Friday, Dec. 7th	Pearl Harbor Remembrance Day
Friday, Dec. 21st	Winter Begins
Monday, Dec. 24th	Christmas Eve, Center Closed
Tuesday, Dec. 25th	Christmas Day, Center Closed
Tuesday, Jan. 1st	New Year’s Day, Center Closed