

To: Rivereast FROM: Vi Schwarzmamm, Marlborough Senior Center

Marlborough Senior Center Activities

Oct. 16nd 2017

The Marlborough Senior Center, 17 School Drive, is open Monday through Friday from 8:00 am to 4:30 pm. Please call 860-295-6209 for information regarding senior issues or schedule a van reservation. We are requesting a 36 hour advance notice when making a transportation reservation. Transportation is available only on Monday, Wednesday, Friday.

Monday, Oct.16

Transportation 8:00 AM – 4:00 PM
Assistance 10:00 AM – 2:00 PM
Quilling (Paper Art) 9:30 – 11:30 AM
Meals on Wheels 12:00 – 12:30 PM
**Congregate Meals – Noon Italian Style Chicken
w/Artichokes & Chickpeas, Rice Pifal, Broccoli Florets,
Wheat Dinner Roll, Fresh Orange**
Bingo 1:00 – 3:00 PM
Exercise w/ Janice 3:15 – 4:15 PM

Tues. Oct 17^d

Assistance 10:00 AM – 2:00 PM
Food Bank, No Transportation
Meals on Wheels @ Noon – 12:30 PM
Gentle Yoga Exercise w/Anne 1:45 PM
Parkinson's Disease Exercise 3:00 – 3:45 PM
Weight Watchers 5:00 PM

Wednesday Oct 18

Grocery Shopping 8:00 AM :- Noon
Not Just Quilting 9:00 – Noon
Assistance 10:00 AM – 2:00 PM
Meals on Wheels 12:00 – 12:30 PM
**Congregate Meal @ Noon Baked Ham w/ Pineapple
Sauce, Yams, Italian Green Beans, Rye Bread, Tropical
Fruit**
Exercise w/ Janice 1:30 PM
8-Ball Pool 1:00 – 3:00 PM
Sophisticated Ladies 5:00 - 6:30 PM

Thursday, Oct.19

Assistance 10:00 AM – 2:00 PM
Tai Chi 10:30 – 11:30 AM
Meals on Wheels Noon – 12:30 P
**Congregate Meal @ Noon – French Onion Soup, Beef Liver
w/Sautee'd Onions, Mashed Potatoes, Peas & Diced Carrots,**

Saltine Crackers, Mandarin Oranges
Parkinson Exercise w/ Anne 3:00 – 3:45 PM
All Levels of Yoga 4:30 – 5:30 PM

Friday, October 20th

Assistance 10:00 AM – 2:00 PM
Not Just Quilting 9:00 AM– Noon 1
No Transportation
Meals on Wheels - 12:00 Noon 12:30 PM
8-Ball Pool 1:00 – 3:00 PM

TO: Rivereast

FROM: Marlborough Senior Center

**SENIOR CENTER SCHEDULE
AND
SENIOR AND SOCIAL SERVICES
Oct. 16th 2017**

Assistance with State Applications and/or /Re-determinations by appointment. Monday thru Friday - 10:00 AM – 2:00 PM.

Community Café - meals are being served Monday, Wednesday and Friday at the Marlborough Senior Center to people 60 years of age or older, their spouses or special guests. A pre-sign-up is recommended in order to accommodate everyone. Suggested donation is \$2.50. Meals are also delivered to homebound clients through the “Meals on Wheels” Program.

Transportation is offered daily with a 36-hour advance reservation. The transportation system offers rides to the senior center, shopping, doctor appointments as well as other professional or recreational activities. This service is for any senior or disabled person, however, there are rules and regulations that must be adhered to such as advance notice as to stops other than requested reservation. The driver is required to contact the dispatcher before any additional stops or changes to the schedule are made. There are no exceptions. Transportation is also offered once a month to an area mall or activity of the senior’s choice which has been approved, time permitting. Transportation can only be offered Monday, Wednesday, and Friday. Thank you for your understanding.

In Case of Bad Weather, for Senior Center Closings or late openings, Tune in to WFSB The Early Warning Network or NBC Connecticut’s Weather Center.

DATES TO REMEMBER

Wednesday, October 11th

Luncheon @ Noon w/ Chef Paul and October Kitchen

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Wed. Oct. 11th
Thurs, Oct. 12th

Monday Oct. 23rd
Thurs. Nov. 2nd
Fri., Nov. 10th
Tues. Nov. 14th
Thurs., Nov. 23rd.
Fri., Nov. 24th
Fri, Dec. 22nd
Mon. Dec. 25th
Tues. Dec. 26th
Wed. Dec. 27th
Mon., Jan. 1st, 2018

Bingo 1:00 – 3:00 PM
The Dog Listener sponsored by the Richmond
Memorial Library
At the Senior Center 6:30 – 8:30 PM
All Boards Meeting 7:00 PM
Red Cross Blood Drive 1:00 – 6:00 PM
Veteran’s Day, Senior Center Closed
Trip to Aqua Turf Club 11:00 AM – 3:50 PM
Thanksgiving Day, Senior Center Closed
Day after Thanksgiving, Senior Center Closed
Holiday Brunch, 10:00 AM
Christmas Day, Senior Center Closed
Day After Christmas, Senior Center Closed
Holiday Bingo, 1:00 PM
New Year’s Day, Senior Center Closed