

To: Rivereast FROM: Vi Schwarzmann, Marlborough Senior Center

Marlborough Senior Center Activities

Jan 15th, 2018

The Marlborough Senior Center, 17 School Drive, is open Monday through Friday from 8:00 am to 4:30 pm. Please call 860-295-6209 for information regarding senior issues or schedule a van reservation. We are requesting a 36 hour advance notice when making a transportation reservation. Transportation is available only on Monday, Wednesday, Friday.

Monday January 15th

Senior Center Closed in Recognition of Martin Luther King's Birthday

Tuesday, Jan 16th

Not Just Quilting 9:00 AM until Noon
Meals on Wheels, Noon
Commission on Aging 1:00 PM
Simple Chair Exercises with Anne 1:45 – 2:45 PM
PD Exercise with Anne 3:00 – 3:45 PM
Weight Watchers 5:00 PM

Wednesday, Jan 17th

Grocery Shopping 8:00 AM :- Noon
Not Just Quilting 9:00 Noon
Transportation Noon – 4:00 PM
Assistance 10:00 AM – 2:00 PM
Meals on Wheels 12:00 – 12:30 PM
Congregate Meal @ Noon – Beef Vegetable Soup,
Tuna Fish Salad on a Kaiser Roll, Potato

Wedges/Ketchup,

Sliced Tomato & Shredded Lettuce, Pineapple

Tidbits

Exercise w/ Janice 1:30 PM
8-Ball Pool 1:00 – 3:00 PM

Thursday, Jan 18th

Cemetery Committee Meeting 9:30 AM, Town Hall
Assistance 10:00 AM – 2:00 PM
Tai Chi 10:30 – 11:30 AM
PD Exercise w/ Anne 3:00 – 3:45 -
All Levels Yoga 4:30 PM

Friday, Jan 19th

Transportation 9:00 – 4:00 PM
Assistance 10:00 AM – 2:00 PM
Not Just Quilting 9:00 AM – Noon
Congregate Meal @ Noon Cran-Apple Juice,

Hamburger w/Broth,

Ketchup/Mustard/Relish, Potato Salad.Sliced

Tomato & Lea Lettuce,

on a Multi Grain Bun Ice Cream Cup
8-Ball Pool 1:00 PM:

TO: Rivereast

FROM: Marlborough Senior Center

**SENIOR CENTER SCHEDULE
AND
SENIOR AND SOCIAL SERVICES
Jan 15th 2018**

Assistance with State Applications and/or /Re-determinations by appointment. Monday thru Friday - 10:00 AM – 2:00 PM.

Community Café - meals are being served Monday, Wednesday and Friday at the Marlborough Senior Center to people 60 years of age or older, their spouses or special guests. A pre-sign-up is recommended in order to accommodate everyone. Suggested donation is \$2.50. Meals are also delivered to homebound clients through the “Meals on Wheels” Program.

Transportation is offered daily with a 36-hour advance reservation. The transportation system offers rides to the senior center, shopping, doctor appointments we well as other professional or recreational activities. This service is for any senior or disabled person, however, there are rules and regulations that must be adhered to such as advance notice as to stops other than requested reservation. The driver is required to contact the dispatcher before any additional stops or changes to the schedule are made. There are no exceptions. Transportation is also offered once a month to an area mall or activity of the senior’s choice which has been approved, time permitting. Transportation can only be offered Monday, Wednesday, and Friday. Thank you for your understanding.

In Case of Bad Weather, for Senior Center Closings or late openings, Tune in to WFSB The Early Warning Network or NBC Connecticut’s Weather Center.

DATES TO REMEMBER

MonFeb.19th President’s Day, Senior Center Closed
Friday, Mar.30th Senior Center Closed for Good Friday
Monday, May 28th.....Senior Center closed for Memorial Day ,