

To: Rivereast FROM: Vi Schwarzmam, Marlborough Senior Center

Marlborough Senior Center Activities July 9th 2018

The Marlborough Senior Center, 17 School Drive, is open Monday through Friday from 8:00 am to 4:30 pm. Please call 860-295-6209 for information regarding senior issues or schedule a van reservation. We are requesting a 36 hour advance notice when making a transportation reservation. **Transportation is now available Monday thru Friday.**

Monday, July,9th

Transportation 8:00 – 4:00
Quilling, Paper Art 9:30 AM – Noon
Not Just Quilting 9:30 AM – Noon
Assistance 10:00 AM – 2:00 PM
Congregate Meals @ Hamburger W/Broth
on Multi-Grain Hamburger Bun, Sliced Tomatoes

&

Leaf Lettuce, Potato Salad, Fresh Orange
Bingo 1:00 PM
8-Ball Pool 10:00 AM - Noon
Exercise w/Janice 3:00 – 4:00 PM

Tuesday, July 10th

Transportation 8:00 AM – 4:00 PM
Assistance 10:00 AM – 2:00 PM
Meals on Wheels, Noon
Simple Chair Exercises with Anne 1:45- 2:45 PM
PD Exercise with Anne 3:00 – 3:45 PM
Weight Watchers 5:00 PM

Wednesday, July 11th

Grocery Shopping 8:30 – 11:30 AM
“Not Just Quilting” 9:30 AM- Noon
Congregate Meals – Macaroni & Cheese,
Stewed Tomatoes & Zucchini, Tossed Salad,
Salad Dressing, Wheat Dinner Roll
Exercise w/ Janice 1:30 PM

Thursday, July12th

Transportation 8:00 – AM – 4:00 PM
Assistance 10:00 AM – 2:00 PM
Tai Chi w/ Linda 10:30 – 11:30 AM
Meals on Wheels, Noon
.PD Exercise w/ Anne 3:00 – 3:45 -
All Levels Yoga 4:30 PM

Friday July 13th

Transportation 8:00 AM – 4:00 PM

Assistance 10:00 AM – 2:00 PM

Not Just Quilting 9:30AM - Noon

Congregate Meal @ Noon Orange-Pineapple

Juice, Hot Dog

Hot Dog Roll, Baked Beans, Mixed Vegetables

Frosted

Chocolate Brownie

Meals on Wheels @ Noon

TO: Rivereast

FROM: Marlborough Senior Center

**SENIOR CENTER SCHEDULE
AND
SENIOR AND SOCIAL SERVICES
July 9th 2018**

Assistance with State Applications and/or /Re-determinations by appointment. Monday thru Friday - 10:00 AM – 2:00 PM.

Community Café - meals are being served Monday, Wednesday and Friday at the Marlborough Senior Center to people 60 years of age or older, their spouses or special guests. A pre-sign-up is recommended in order to accommodate everyone. Suggested donation is \$2.50. Meals are also delivered to homebound clients through the “Meals on Wheels” Program.

Transportation is offered **5 days per week with a 36-hour advance reservation**. The transportation system offers rides to the senior center, shopping, doctor appointments as well as other professional or recreational activities. This service is for any senior or disabled person, however, there are rules and regulations that must be adhered to such as advance notice as to stops other than requested reservation. The driver is required to contact the dispatcher before any additional stops or changes to the schedule are made. There are no exceptions. Remember transportation is offered five days a week and is also offered once a month to an area mall or activity of the senior’s choice which has been approved, time permitting.

In Case of Bad Weather, for Senior Center Closings or late openings, Tune in to WFSB The Early Warning Network or NBC Connecticut’s Weather Center.

DATES TO REMEMBER

Thurs., July 26th Safety Committee Meeting 9:30 AM Safety walk through Fire Co. 2 and 1.

Tuesday, Aug. 14th Aqua Turf – Jimmy Mazz, [A Little Bit of Country and

A Little Bit of Rock ‘n Roll]

Monday, Sept. 3rd

Labor Day, Center Closed

Monday, Oct. 8th	Columbus Day, Center Closed
Tuesday, Oct. 16th	Aqua Turf – Comedy and Dance
Monday, Nov. 12th	Veteran’s Day, Center Closed
Thursday, Nov. 22nd	Thanksgiving Day, Center Closed
Friday, Nov. 23rd	Day After Thanksgiving
Monday, Dec. 24th	Christmas Eve, Center Closed
Tuesday, Dec. 25th	Christmas Day, Center Closed
Tuesday, Jan. 1st	New Year’s Day, Center Closed