

To: Rivereast FROM: Vi Schwarzmann, Marlborough Senior Center

**Marlborough Senior Center Activities July 16<sup>th</sup> 2018**

The Marlborough Senior Center, 17 School Drive, is open Monday through Friday from 8:00 am to 4:30 pm. Please call 860-295-6209 for information regarding senior issues or schedule a van reservation. We are requesting a 36 hour advance notice when making a transportation reservation.

**Monday, July 23<sup>rd</sup>**

**Transportation 8:00 – 4:00**  
**Quilling, Paper Art 9:30 AM – Noon**  
**Not Just Quilting 9:30 AM – Noon**  
**Assistance 10:00 AM – 2:00 PM**  
**Congregate Meals @ Lemon Baked Chicken,**  
**Cornbread Stuffing**  
**Broccoli & Cauliflower, Oatbread, Peaches**  
**Bingo 1:00 PM**  
**8-Ball Pool 10:00 AM - Noon**  
**Exercise w/Janice 3:00 – 4:00 PM**

**Tuesday, July 24<sup>th</sup>**

**Transportation 8:00 AM – 4:00 PM**  
**Assistance 10:00 AM – 2:00 PM**  
**Meals on Wheels, Noon**  
**Chair Yoga with Anne 1:45- 2:45 PM**  
**PD Exercise with Anne 3:00 – 3:45 PM**  
**Weight Watchers 5:00 PM**

**Wednesday, July 25<sup>th</sup>**

**Grocery Shopping 8:30 – 11:30 AM**  
**“Not Just Quilting” 9:30 AM- Noon**  
**Congregate Meals Cream of Vegetable Soup,**  
**Chef Salad w/Mixed Greens**  
**Saltine Crackers, Dinner Roll, Pound Cake**  
**w/Peaches & Berries &**  
**Whipped Topping**  
**Exercise w/ Janice 1:30 PM**

**Thursday, July 26<sup>th</sup>**

**Transportation 8:00 – AM – 4:00 PM**  
**Safety Committee Meeting 9:30 AM Fire Company**

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**Assistance 10:00 AM – 2:00 PM**  
**Tai Chi w/ Linda 10:30 – 11:30 AM**  
**Meals on Wheels, Noon**

**Art w/ Marilyn 1:00 – 3:00 PM**  
**.PD Exercise w/ Anne 3:00 – 3:45 -**  
**All Levels Yoga 4:30 PM**

**Friday July 27th**

**Transportation 8:00 AM – 4:00 PM**  
**Assistance 10:00 AM – 2:00 PM**  
**Not Just Quilting 9:30AM –**  
**Congregate Meal @ Noon Orange Juice, Roast**

**Turkey W/Gravy,**  
**Sauce, 100% Whole**

**Cut-Up Sweet Potatoes, Spinach, Cranberry**

**Wheat Bread, Fruit Cocktail**  
**Meals on Wheels @ Noon**

TO: Rivereast

FROM: Marlborough Senior Center

**SENIOR CENTER SCHEDULE**  
**AND**  
**SENIOR AND SOCIAL SERVICES**  
July 16<sup>th</sup> 2018

**Assistance** with State Applications and/or /Re-determinations by appointment. Monday thru Friday - 10:00 AM – 2:00 PM.

**Community Café** - meals are being served Monday, Wednesday and Friday at the Marlborough Senior Center to people 60 years of age or older, their spouses or special guests. A pre-sign-up is recommended in order to accommodate everyone. Suggested donation is \$2.50. Meals are also delivered to homebound clients through the “Meals on Wheels” Program.

**Transportation** is offered **5 days per week with a 36-hour advance reservation.** The transportation system offers rides to the senior center, shopping, doctor appointments as well as other professional or recreational activities. This service is for any senior or disabled person, however, there are rules and regulations that must be adhered to such as advance notice as to stops other than requested reservation. The driver is required to contact the dispatcher before any additional stops or changes to the schedule are made. There are no exceptions. Remember transportation is offered five days a week and is also offered once a month to an area mall or activity of the senior’s choice which has been approved, time permitting.

**In Case of Bad Weather, for Senior Center Closings or late openings, Tune in to WFSB The Early Warning Network or NBC Connecticut’s Weather Center.**

**DATES TO REMEMBER**

**Tuesday, Aug. 14<sup>th</sup>**  
**Country and**

**Aqua Turf – Jimmy Mazz, [A Little Bit of**

**A Little Bit of Rock ‘n Roll]**

**Monday, Sept. 3<sup>rd</sup>**

**Labor Day, Center Closed**

**Thurs., Sept. 6<sup>th</sup>**

**Red Cross Blood Drive 1:00 – 6:00 PM**

**Monday, Oct. 8<sup>th</sup>**

**Columbus Day, Center Closed**

**Tuesday, Oct. 16<sup>th</sup>**

**Aqua Turf – Comedy and Dance**

**Monday, Nov. 12<sup>th</sup>**

**Veteran’s Day, Center Closed**

**Thursday, Nov. 22<sup>nd</sup>**

**Thanksgiving Day, Center Closed**

**Friday, Nov. 23<sup>rd</sup>**

**Day After Thanksgiving**

**Monday, Dec. 24<sup>th</sup>**

**Christmas Eve, Center Closed**

**Tuesday, Dec. 25<sup>th</sup>**

**Christmas Day, Center Closed**

**Tuesday, Jan. 1<sup>st</sup>**

**New Year’s Day, Center Closed**