

To: Rivereast FROM: Vi Schwarzmann, Marlborough Senior Center

**Marlborough Senior Center Activities**

**Feb. 5<sup>th</sup> ,2018**

The Marlborough Senior Center, 17 School Drive, is open Monday through Friday from 8:00 am to 4:30 pm. Please call 860-295-6209 for information regarding senior issues or schedule a van reservation. We are requesting a 36 hour advance notice when making a transportation reservation. Transportation is available only on Monday, Wednesday, Friday.unless approved by Transportation Coordinator

**Monday Feb. 5<sup>th</sup>**

**Transportation 8:00 AM – 4:00 PM**

**Assistance 10:00 AM – 2:00 PM**

**Meals on Wheels Noon**

**Congregate Meals @ Noon Pineapple Orange**

**Juice,**

**Lemon Baked Chicken, Bowtie Pasta, Broccoli**

**Florets,**

**Oatnut Bread, Pears**

**Bingo 1:00 PM**

**8-Ball Pool 1:00 PM**

**Exercise w/ Janice 3:15 PM**

**Art Program 5:30 – 6:30 PM**

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**Tuesday, Feb. 6<sup>th</sup>**

**Not Just Quilting 9:00 AM until Noon**

**Meals on Wheels, Noon**

**Simple Chair Exercises with Anne 1:45 – 2:45 PM**

**PD Exercise with Anne 3:00 – 3:45 PM**

**Weight Watchers 5:00 PM**

**Wednesday, Feb. 7<sup>th</sup>**

**Not Just Quilting 9:00 Noon**

**Assistance 10:00 AM – 2:00 PM**

**Meals on Wheels 12:00 – 12:30 PM**

**Congregate Meal @ Noon Roast Turkey w/Gravy,**

**Mashed Potatoes, Mixed Vegetables Cranberry**

**Sauce,**

**Wheat Bread, Fresh Orange**

**Grocery Shopping 1:00 -PM**

**Exercise w/ Janice 1:30 PM**

**8-Ball Pool 1:00 – 3:00 PM**

**Sophisticated Ladies 5:30 PM**

**Thursday Feb. 8<sup>th</sup>**

**Assistance 10:00 AM – 2:00 PM**

**AARP Tax Preparation 9:00 AM - Noon**

**Meals on Wheels, Noon**

**PD Exercise w/ Anne 3:00 – 3:45 -**  
**All Levels Yoga 4:30 PM**  
**Elite Property, Sachem Village Meeting 6:30 –**

**8:30 PM**

Friday ,Feb. 9<sup>th</sup>

Transportation 9:00 – 4:00 PM  
Assistance 10:00 AM – 2:00 PM  
Not Just Quilting 9:00 AM – Noon  
Meals on Wheels  
Congregate Meal @ Noon Orange Juice, Seafood

Salad,

California Blend,Baked Sweet Potato, Shredded

Lettuce,

Whole Grain Fruit Bar  
8-Ball Pool 1:00 PM:

TO: Rivereast

FROM: Marlborough Senior Center

**SENIOR CENTER SCHEDULE**  
**AND**  
**SENIOR AND SOCIAL SERVICES**  
Feb. 5<sup>th</sup> 2018

**Assistance** with State Applications and/or /Re-determinations by appointment. Monday thru Friday - 10:00 AM – 2:00 PM.

**Community Café** - meals are being served Monday, Wednesday and Friday at the Marlborough Senior Center to people 60 years of age or older, their spouses or special guests. A pre-sign-up is recommended in order to accommodate everyone. Suggested donation is \$2.50. Meals are also delivered to homebound clients through the “Meals on Wheels” Program.

**Transportation** is offered 3 days each week with a 36-hour advance reservation. The transportation system offers rides to the senior center, shopping, doctor appointments we well as other professional or recreational activities. This service is for any senior or disabled person, however, there are rules and regulations that must be adhered to such as advance notice as to stops other than requested reservation. The driver is required to contact the dispatcher before any additional stops or changes to the schedule are made. There are no exceptions. Transportation is also offered once a month to an area mall or activity of the senior’s choice which has been approved, time permitting. Transportation can only be offered Monday, Wednesday, and Friday. Thank you for your understanding.

**In Case of Bad Weather, for Senior Center Closings or late openings, Tune in to WFSB The Early Warning Network or NBC Connecticut's Weather Center.**

**DATES TO REMEMBER**

<b>Monday, February 12<sup>th</sup></b>	<b>Art Program 5:30 – 6:30 PM</b>
<b>Mon Feb.19<sup>th</sup></b>	<b>President's Day, Senior Center Closed</b>
<b>Tues. Feb. 20<sup>th</sup></b>	<b>Not Just Quilting 9:00 AM – Noon Chair Exercise w/ Anne 1:45 PM PD Exercise w/ Anne 3:00 – 3:45 PM Weight Watchers 5:00 PM</b>
<b>Wed. Feb 21<sup>st</sup></b>	<b>Grocery Shopping 8:30 AM – Noon Transportation Noon – 4:00 PM Meals on Wheels @ Noon Congregate Meal @ Noon Beef Chili Bingo 1:00 PM 8 Ball Pool @ 1:00 PM Exercise w/Janice 3:15 PM</b>
<b>Thurs. Feb. 22<sup>nd</sup></b>	<b>AARP Tax Preparation 9:00 AM to Noon</b>
<b>Mon. March 5<sup>th</sup></b>	<b>Art Program 5:30 – 6:30 PM</b>
<b>Thurs., March 8<sup>th</sup></b>	<b>Tai Chi 10:30 – 11:30 AM Red Cross Blood Drive, 1:00 – 6:0 PM</b>
<b>Mon. March 12<sup>th</sup></b>	<b>Art Program 5:30 – 6:30 PM Elite Prop. Sachem Village 6:30 – 8:30 PM</b>
<b>Wed. March 28<sup>th</sup></b>	<b>Grocery Shopping 8:30 AM – Noon Exercise w/ Janice 3:15 PM Sophisticated Ladies 6:00 PM</b>
<b>Thurs. March 29<sup>th</sup></b>	<b>Safety Committee Meeting @ 9:30 AM at the Richmond Memorial Library</b>
<b>Friday, March.30<sup>th</sup></b>	<b>Senior Center Closed for Good Friday</b>
<b>Friday, April 13<sup>th</sup></b>	<b>The Magic Man 10:30 – 11:30 AM</b>
<b>Monday, May 28<sup>th</sup>.....</b>	<b>.Senior Center closed for Memorial Day ,</b>

**Wed., May 30<sup>th</sup>**

**Transportation Noon – 4:00 PM -**

**Meals on Wheels @ Noon**

**Congregate Meal @ Noon**

**Bingo 1:00 PM**

**8-Ball Pool 1:00 PM**

**Exercise w/Janice 3:15 PM**

**Sophisticated Ladies 6:00 PM**