

To: Rivereast FROM: Vi Schwarzmann, Marlborough Senior Center

Marlborough Senior Center Activities

Feb. 12th ,2018

The Marlborough Senior Center, 17 School Drive, is open Monday through Friday from 8:00 am to 4:30 pm. Please call 860-295-6209 for information regarding senior issues or schedule a van reservation. We are requesting a 36 hour advance notice when making a transportation reservation. Transportation is available only on Monday, Wednesday, Friday unless approved by Transportation Coordinator

Monday Feb.12th

Transportation 8:00 AM – 4:00 PM

Quilling 9:30 AM - Noon

Assistance 10:00 AM – 2:00 PM

Meals on Wheels Noon

Congregate Meals @ Noon Orange-Pineapple

Juice,

**Sliced Meatloaf w/Gravy, Spanish Rice, Carrots,
100% Whole Wheat Bread, Fruit Cocktail**

Bingo 1:00 PM

8-Ball Pool 1:00 PM

Exercise w/ Janice 3:15 PM

Art Program 5:30 – 6:30 PM

Se

Tuesday, Feb 13th

Assistance, 10:00 AM – 2:00 pm

Not Just Quilting 9:00 AM until Noon

Meals on Wheels, Noon

Simple Chair Exercises with Anne 1:45 – 2:45

PM

PD Exercise with Anne 3:00 – 3:45 PM

Weight Watchers 5:00 PM

Wednesday, Feb14th .

Grocery Shopping

Not Just Quilting 9:00 - Noon

Assistance 10:00 AM – 2:00 PM

Meals on Wheels 12:00 – 12:30 PM

Congregate Meal @ Noon Cream of Broccoli

Soup,

Tuna Salad on Multi Grain Roll, Sliced Tomato &

Leaf Lettuce,

Three Bean Salad, Saltine Crackers, Frosted

German Chocolate Cake

Exercise w/ Janice 1:30 PM

8-Ball Pool 1:00 – 3:00 PM

Sophisticated Ladies 5:30 PM

Thursday Feb. 15th

Assistance 10:00 AM – 2:00 PM
AARP Tax Preparation 9:00 AM - Noon
Cemetery Committee Meeting @ 9:30 AM Town

Hall

Meals on Wheels, Noon
PD Exercise w/ Anne 3:00 – 3:45 -
All Levels Yoga 4:30 PM
Elite Property, Sachem Village Meeting 6:30 –

8:30 PM

Friday ,Feb 16th

Transportation 9:00 – 4:00 PM
Assistance 10:00 AM – 2:00 PM
Not Just Quilting 9:00 AM – Noon
Meals on Wheels
Congregate Meal @ Noon Macaroni & Cheese,
w/ Salad w/Cherry Tomatoes & Cucumbers, Italian

Pineapple & Mandarin Mix
8-Ball Pool 1:00 PM:

Dressing, Club Roll,

TO: Rivereast

FROM: Marlborough Senior Center

SENIOR CENTER SCHEDULE
AND
SENIOR AND SOCIAL SERVICES
Feb. 12th 2018

Assistance with State Applications and/or /Re-determinations by appointment. Monday thru Friday - 10:00 AM – 2:00 PM.

Community Café - meals are being served Monday, Wednesday and Friday at the Marlborough Senior Center to people 60 years of age or older, their spouses or special guests. A pre-sign-up is recommended in order to accommodate everyone. Suggested donation is \$2.50. Meals are also delivered to homebound clients through the “Meals on Wheels” Program.

Transportation is offered 3 days each week with a 36-hour advance reservation. The transportation system offers rides to the senior center, shopping, doctor appointments we well as other professional or recreational activities. This service is for any senior or disabled person, however, there are rules and regulations that must be adhered to such as advance notice as to stops

other than requested reservation. The driver is required to contact the dispatcher before any additional stops or changes to the schedule are made. There are no exceptions. Transportation is also offered once a month to an area mall or activity of the senior's choice which has been approved, time permitting. Transportation can only be offered Monday, Wednesday, and Friday. Thank you for your understanding.

In Case of Bad Weather, for Senior Center Closings or late openings, Tune in to WFSB The Early Warning Network or NBC Connecticut's Weather Center.

DATES TO REMEMBER

Mon Feb.19th	President's Day, Senior Center Closed
Tues. Feb. 20th	Not Just Quilting 9:00 AM – Noon Commission on Aging 10:00 AM Chair Exercise w/ Anne 1:45 PM PD Exercise w/ Anne 3:00 – 3:45 PM Weight Watchers 5:00 PM
Wed. Feb 21st	Grocery Shopping 8:30 AM – Noon Transportation Noon – 4:00 PM Meals on Wheels @ Noon Congregate Meal @ Noon Beef Chili Bingo 1:00 PM 8 Ball Pool @ 1:00 PM Exercise w/Janice 3:15 PM
Thurs. Feb. 22nd	AARP Tax Preparation 9:00 AM to 1:00 PM
Sat. March 3rd	National Quilt Day Celebration, Fellowship Hall at Gilead Congregational Church from 9:00 AM – 3:00 PM
Mon. March 5th	Art Program 5:30 – 6:30 PM
Thurs., March 8th	Tai Chi 10:30 – 11:30 AM Red Cross Blood Drive, Noon– 6:30 PM
Mon. March 12th	Art Program 5:30 – 6:30 PM
Thurs. March 22nd	Elite Prop. Sachem Village 6:30 – 8:30 PM AARP Tax Preparation 9:00 AM – 1:00 PM
Wed. March 28th	Grocery Shopping 8:30 AM – Noon Exercise w/ Janice 3:15 PM Sophisticated Ladies 6:00 PM
Thurs. March 29th	Safety Committee Meeting @ 9:30 AM at the Richmond

Memorial Library

Friday, March.30th **Senior Center Closed for Good Friday**

Friday, April 13th **The Magic Man 10:30 – 11:30 AM**

Monday, May 28th..... **.Senior Center closed for Memorial Day ,**

Wed., May 30th **Transportation Noon – 4:00 PM -**
Meals on Wheels @ Noon
Congregate Meal @ Noon
Bingo 1:00 PM
8-Ball Pool 1:00 PM
Exercise w/Janice 3:15 PM
Sophisticated Ladies 6:00 PM